

LOWER KERN—ONE-DAY CLASS III RUN

Just a few hours from Los Angeles, the Lower Kern is a superb rafting challenge. Our one-day trip originates below Lake Isabella and ends at Miracle Hot Springs. The river flows southwest through a gorge forested with willows, cottonwood, sycamore and alder. Our trip starts at a leisurely pace then quickens as the canyon begins to get steeper. In the course of the day, we run some of the Lower Kern's most famous rapids and take a break early in the afternoon for a hearty lunch.

MEETING TIME AND PLACE: 8:30 A.M. AT OUR CAMPGROUND, 15775 SIERRA WAY, IN KERNVILLE. OUR PHONE NUMBER IS (760) 376-CAMP (2267). RESERVATIONS: 1-800-861-6553 OR (760) 376-6553.

DIRECTIONS TO MOUNTAIN & RIVER ADVENTURES CAMPGROUND

From Southern or Northern California, take Hwy 99 to Bakersfield. Once in Bakersfield exit Hwy 178 East to Lake Isabella. At Lake Isabella, exit the off ramp which reads "Highway 155-Kernville". Next, turn left at the stop sign and travel along the lake (about 13 miles) to the stop sign and turn left on to Sierra Way. Travel north approximately 2.5 miles and look for our Campground at 15775 Sierra Way. Please use the second entrance.

From Hwy 395, take Hwy 178 West. As you approach Lake Isabella from the East, look for the Kernville sign, turn right on Sierra Way and travel around the lake for approximately 13 miles and look for our Campground at 15775 Sierra Way.

ACCOMMODATIONS IN THE AREA

*MRA Campground
15775 Sierra Way
Kernville, CA 93238
1-800-861-6553*

*The Kern Lodge
67 Valley View
Kernville, CA 93238
1-800-924-8817*

*River View Lodge
2 Sirretta Street
Kernville, CA 93238
1-877-885-6333*

WHAT TO BRING

River attire is casual. Footwear is a must. Plan to get wet and bring a change of clothing.

- On-river you can wear wetsuit booties, Water Sandals with secure back straps, or even Tennis Shoes with no socks and good traction soles.
- Visor or hat • Sunglasses • Strap to secure sunglasses
- Sun block • Lip Balm • Swimsuit or shorts • Windbreaker • Clothing made from poly-pro, Polyester, quick drying materials are ideal for rafting (avoid cotton materials) • Water bottle

Please do not bring radios, firearms, pets or valuables. Sun-sensitive persons should bring a hat and light weight long-sleeve shirt.

On certain early season trips when water and weather conditions dictate, we may require all passengers to wear wetsuits. If needed, wetsuits can be rented.

LUNCH

We take a break early in the afternoon, for a delicious, riverside, deli-style lunch.

AGE LIMITS

The minimum age on our Lower Kern trips is ten years old (twelve years old during high water). This age limit is in place for the safety of your child, the safety of our other guests and our guides.

ALCOHOL

Please do not bring any, alcohol is not allowed on this trip.

EQUIPMENT

We furnish inflatable rafts, 12 to 16 feet in length. We provide accessory river equipment, life vests, and first aid and safety supplies. Do not bring your own life vest. Ours are approved for rafting and we required that they be worn by guests. On most trips, the majority of passengers ride in paddleboats. A paddleboat is piloted by a guide, assisted by four to six passengers.

HELMETS

Safety helmets are available at no additional charge to guests joining us on any stretch of river that we run. Helmets are **REQUIRED** for our Class V trips and are strongly recommended on all stretches of the Kern, when rafting on water flows below 1,000 cubic feet per second. Clients expressly assume all risks associated with their refusal to use or properly use helmets or other safety equipment.

GUIDES

Our guides are experienced, skilled whitewater boaters. Should the need arise they are trained to administer First Aid & Swift Water Rescue. They are knowledgeable about canyon ecology and natural history. Guides can also provide information on organizations that work to preserve and protect rivers and river canyons.

TIPPING

Guests sometimes ask whether gratuities are appropriate. If you particularly enjoyed your trip, please feel free to leave a tip with the Trip Leader or your Guide at the end of the trip. If you are unable to locate the Trip Leader or Guide after your trip; then you can leave your tip with the store staff and they will make sure your guide receives their tip.

RESPONSIBILITY

Trip participants should understand that river trips involve known and unknown risks. Mount & River Adventures assumes no responsibility for injuries, death or loss-damage to client's property while on the river. All clients must sign a Release and Waiver Agreement expressly acknowledging these points. Mountain & River Adventures assumes no responsibility for vehicles and/or the contents of vehicles parked during the trip. Because of the risks associated with river trips, including personal injury, death, property loss or damage or financial loss in the event of trip cancellation, we urge all trip participants to supplement their own insurance with vacation insurance.

YOU'RE HEALTH

Our Kern River trips are fun, fast and challenging. To participate, you should be in good health. You may also need to perform certain physical activities. These include basic swimming; hiking in rugged or uneven terrain, climbing in or out of rafts and assisting in your rescue, if that becomes necessary. Please let us know when you return your Release Agreement, if you have any health or dietary restrictions. We will gladly accommodate reasonable dietary restrictions with advanced notice.

PERFORMANCE

It is sometimes necessary to cancel or modify a trip because of unusual circumstances beyond our control. In such cases, we cannot be responsible for paying expenses other than refunding all or part of the fees paid to Mountain & River Adventures. Determination of refunds (if any) will be made after reviewing trip details. Guides and other personnel employed by Mountain & River Adventures are not authorized to make or promise trip refunds or trip credits. Such determinations can only be made by company officers.

CANCELLATIONS

Our cancellation policy is firm. We operate under stringent federal regulations which restrict the number of guests per trip and the number of trips per season. We incur substantial expenses before each trip departs. In the event of late cancellations, Mountain & River Adventures cannot recover costs, nor can we make refunds. **Written** cancellation notice received more than 30 days prior to departure will result in a refund of trip fees less a \$15.00 per person processing fee. **Cancellations within 30 days of a trip are nonrefundable.** Please note, any reservations made after May 1st will require payment in full at reservation time. If you must cancel at the last minute, and do not have vacation insurance, try to find a friend to take your place.

RESERVATION CHANGES

A transfer fee is charged for changing trip dates, or switching to another activity made within 30 days prior to the original trip date depending on availability. The fee is \$25.00 per person. No changes are permitted within three weeks of a trip.

PERMITS

Our trips are conducted under permit issued by the U.S. Forest Service, Sequoia National Forest. Our permit is your assurance that Mountain & River Adventures is legally operating on the river. Our operations and facilities are operated on a nondiscriminatory basis.

TRIP CANCELLATION INSURANCE

We strongly recommend investing in this affordable coverage, which provides accident, illness, baggage and trip cancellation protection. You can contact your local Travel Agency for further information regarding obtaining this insurance.